

**Perspective Shifting: What Else is Also True?**

<b><u>CIRCUMSTANCE</u></b>	<b><u>PERSPECTIVE</u></b>
<p>My boss is:</p>	<p>1) <b><u>My automatic perspective:</u></b></p> <p>2) <b><u>What else is true?</u></b></p> <p>3) <b><u>What else is also true?</u></b></p>
<p>Being single is/Being married is/Being in a committed relationship is:</p>	<p>1) <b><u>My automatic perspective:</u></b></p> <p>2) <b><u>What else is true?</u></b></p> <p>3) <b><u>What else is also true?</u></b></p>
<p>This economy is:</p>	<p>1) <b><u>My automatic perspective:</u></b></p> <p>2) <b><u>What else is true?</u></b></p> <p>3) <b><u>What else is also true?</u></b></p>

<p><b>My job is/Looking for a job is:</b></p>	<p>1) <b><u>My automatic perspective:</u></b></p> <p>2) <b><u>What else is true?</u></b></p> <p>3) <b><u>What else is also true?</u></b></p>
<p><b>Asking for money is:</b></p>	<p>1) <b><u>My automatic perspective:</u></b></p> <p>2) <b><u>What else is true?</u></b></p> <p>3) <b><u>What else is also true?</u></b></p>
<p><b>Managing work and a family is:</b></p>	<p>1) <b><u>My automatic perspective:</u></b></p> <p>2) <b><u>What else is true?</u></b></p> <p>3) <b><u>What else is also true?</u></b></p>

<p><b>Delegating is:</b></p>	<p>1) <b><u>My automatic perspective:</u></b></p> <p>2) <b><u>What else is true?</u></b></p> <p>3) <b><u>What else is also true?</u></b></p>
<p><b>Volunteers and professionals working together is:</b></p>	<p>1) <b><u>My automatic perspective:</u></b></p> <p>2) <b><u>What else is true?</u></b></p> <p>3) <b><u>What else is also true?</u></b></p>
<p><b>Meetings are:</b></p>	<p>1) <b><u>My automatic perspective:</u></b></p> <p>2) <b><u>What else is true?</u></b></p> <p>3) <b><u>What else is also true?</u></b></p>